

**Date: 7<sup>th</sup> September 2020**

**Burnham Football Club**

**Facility and Football activity COVID-19 Guidance**

## **GENERAL**

This document sets out guidance in relation to the facility used by Burnham Football Club (**BFC**) at The Gore Wymers Wood Road Burnham SL1 8JG (**Facility**) and the conduct, behaviour and actions required to be taken before during and after football activity at the Facility.

It is prepared for the benefit of all players, coaches, match officials, league officials, and club officials and all volunteers, parents/carers, spectators and other visitors to the Facility (together **Interested Persons**).

It is based on Government and FA guidance at the date it is published and is subject to change.

It should be read in conjunction with the Government's latest Covid-19 guidance and is based on the Government's framework for a return to recreational team sport.

***All those for whom this document is prepared are strongly recommended to keep fully up to date with the latest UK Government Covid-19 (C19) guidance.***

Thank you in advance for playing your vital part in helping our great game get going again. By observing Government guidance and the football-specific protocols, we can work together to ensure the transition back to competitive grassroots is as smooth and safe as possible. But remember, if you're not comfortable returning to football, whatever your role, there is no pressure to do so. Everyone's health, wellbeing and safety are the priorities.

**IMPORTANT: If you are showing symptoms of the virus or have been in contact with someone displaying symptoms within the last two weeks, then you must stay at home until an NHS practitioner advises you that you no longer need to remain in isolation.**

## **INTRODUCTION**

As a club/football facility provider, BFC is required to ensure the Facility is compliant with current UK legislation, including legislation and guidance specific to Covid-19.

As a key principle, except where otherwise stated in this guidance, BFC requires that **all Interested Persons at all times maintain strict adherence to social-distancing protocols whilst using the Facility, whether outside or inside.**

**Anyone who is symptomatic or suspects they have been exposed to the virus must not attend at the Facility and take part in any activity and must remain at home.**

In outdoor competitive training and matches, physical contact is now allowed, but for all other activity (e.g. warmups/cool-downs) Government guidance on social distancing should be observed. Two-metre social distancing should be observed where possible. Where not possible, 'one-metre plus' distancing should be observed.

Should Government guidance change in response to the current Covid-19 Alert Level, this guidance will be updated accordingly. In the meantime, please remember anyone who is deemed vulnerable in respect of Covid-19 is reminded to follow the Government's guidance, only returning to football when it is right for them to do so.

**There is no pressure to return. Everyone's health, wellbeing and safety are the priorities.**

Please also bear in mind the recent Public Health England (PHE) report published here, which has highlighted a greater risk from Covid-19 to people from BAME communities. As the current impact of Covid-19 on members of BAME communities is not yet fully understood, BFC acknowledges that there may be increased concerns and levels of anxiety from within these communities.

## **COVID-19 OFFICER**

BFC has a Covid-19 officer (**Officer**) who will be identified to Interested Persons either before visiting the Facility or at the Facility. The Officer has established a Covid-19 group (**Group**) which is responsible for developing the BFC Covid-19 guidance and carrying out the risk assessment in relation to the Facility and any activity, and for overseeing its application. The Officer and the Group will monitor how compliance is being observed within the Facility, and any questions or queries may be put to them at the Facility.

## **THE FACILITY**

Government guidance now permits the re-opening of outdoor sports facilities, including the Facility.

It also allows operators to open for use pitches, toilets and bars and restaurants, including any food or drink facilities inside a clubhouse, in accordance with the latest guidance.

In terms of the Facility there are a number of things everyone can do to help minimise risks, avoid accidental gatherings and achieve a safe environment and we respectfully request the co-operation of all Interested Persons visiting and/or using the Facility to do so.

### ***Promoting good hygiene***

The Facility is intended to create an environment that encourages and allows all users to maintain good levels of hygiene through handwashing, sanitisation facilities and toilets. Interested Persons using the Facility are encouraged to take responsibility for their own hygiene in order to seek to minimise the chance of transmission of Covid-19 within the Facility.

As such consideration has been given to:

- availability of hand sanitisers within the Facility;

- installation of signs directing people on good hygiene, including where they can wash their hands;
- providing handwashing and hand-sanitising stations in good working order including provision of soap, hot water and hand sanitiser;
- hygiene standards' promotional posters and signage;
- supplying disposable paper towels in handwashing facilities;

If any of these measures is not available then all Interested Persons are encouraged to volunteer information that they consider may be helpful so that safety and and good hygiene can be maintained.

### ***Keeping the Facility clean***

Keeping the Facility clean will reduce the risk of passing infection on to other people. BFC aims to achieve this, through its cleaning procedures.

Amongst other things BFC will:

- carry out and/or monitor daily cleaning of the Facility;
- Identify high-contact touch points for more regular cleaning (e.g. door handles, grab rails, vending machines);
- Frequently clean work areas and equipment between use;
- Clean shared training equipment after each individual use;
- Provide waste facilities for frequent rubbish collection;
- Remove any non-essential items that may be difficult to clean.

In the event a Covid-19 case is reported in the Facility, Public Health England guidance will be followed to reduce the risk of passing the infection on to other people.

### ***Maintaining social distancing***

The Facility has been adjusted to help maintain social distancing and avoid congestion. **All Interested Persons are required to comply with social distancing at all times.**

To assist social distancing BFC has:

- introduced signage so that people can find their destination quickly;
- reviewed how people walk through the Facility and adjusted to try to reduce congestion and contact between users;
- adopted a policy of regulating entry to the Facility and bar area to avoid overcrowding
- applied floor markings and wall signage in accordance with Government social distancing measures where necessary to manage queues and introduced one-way arrow markings to help foot flow management;
- introduced single-use doorways to avoid congestion i.e. one-way only entrances/exits;
- introduced guidance at the Facility on use of toilet facilities to avoid congestion and maintain good hygiene;
- made use of outside areas for queueing, including using the use of the outside hatch to serve food and drinks.

BFC recognises that these measures may make life more inconvenient and time-consuming. However, your co-operation is vital to make the Facility operate as safely as is practicable and you are respectfully requested to adhere to all of the guidelines and policies to improve safety and hygiene.

### ***The bar and catering***

Additional consideration has been given to ensure that social distancing is followed within the bar and serving hatch areas.

For example:

- utilising the serving hatch, to minimise customers entering the bar;
- at till points, both in the bar and the serving hatch customers are strongly encouraged to make use of contactless payments. Cash will not normally be accepted;
- floor markings to ensure social distancing when queueing;
- use of outside areas for queueing and also for consumption of food and drinks;
- use of signage to inform users that food and drinks should ideally be consumed in outdoor spaces including using the 330 seats in the covered main stand to congregate in bad weather;
- use of disposable utensils and containers to help minimise the risk of infection, with available bin locations.
- requiring groups in the bar to be restricted to six person gathering limits and with seating and tables spread out, in line with wider government guidance.
- greater ventilation and air circulation in the bar area has been achieved by removing the suspended ceiling and the bar windows and emergency fire doors will be left open so the bar is well ventilated, in each case to reduce transmission of COVID-19.

### ***Changing rooms***

Changing rooms are an area of increased risk of transmission. Further FA and Government guidance now indicates that changing rooms and showers may be used under strict hygiene and social distancing conditions and consequently for senior BFC fixtures only BFC has decided that subject to each team observing each of the conditions as to access and use changing rooms, will be opened for use for matches.

The same principles will apply to use of officials changing rooms.

Exceptions for junior games may be made where safety and safeguarding measures require their use e.g. supporting disability athletes, a child needs a change of clothing etc.

### ***The car park***

The car park at the Facility is large and visitors are encouraged to park their vehicles in a manner so which complies with social distancing guidelines. Signage will be installed to that effect.

### ***Avoiding congestion***

Where there is multiple use of the Facility and/or pitch for training or other activities BFC will seek to stagger its own activities to avoid congestion as much as possible, and will work with other users of the Facility to achieve sufficient space (e.g. a minimum 10 minute window) in between use in order to avoid clustering of groups on pitch-side or in the car park before/ after sessions.

**All users of the Facility are strongly encouraged to arrive and leave punctually.**

### ***Spectators (general)***

Guidance issued by the government on the return to recreational team sport has permits clubs to accommodate a limited number of spectators, provided that the club follows current government guidance in relation to COVID-19 and The FA's National League System club guidance. Accordingly, this Guidance document and the BFC risk assessment highlights how BFC will focus efforts at the Facility on:

1. Seeking to ensure that spectators maintain social distancing whilst at the Facility (on arrival, during and after the match and on departure). In particular BFC has implemented:
  - a. marking queues with tape on the floor or signage at 2m intervals wherever possible, but a minimum of 1m+ if not (i.e. at the entry point and café area);
  - b. markings for spectator seating and standing;
  - c. reducing the availability of seats within covered accommodation;
  - d. crowd management processes, i.e. barriers at pinch points and/or introducing a one way flow within the ground.



2. maintaining appropriate hygiene in spectator areas, including toilets, entrances and exits using sanitisers and soaps, together with appropriate signage.
3. How it intends to inform clubs of any new policies or procedures which will be in place.
4. How it will implement COVID-19 test and trace information for spectators attending fixtures by obtaining such information at point of entry either electronically or by paper record.
5. How it will amend and operate its usual refreshment facilities for spectators to include social distanced queueing, PPE for staff and use of sanitiser and cashless transactions.
6. How the club intends to monitor compliance with its risk assessment and action plan and the steps it intends to take if spectators are found to be breaching social distancing measures or increasing the risk of transmission.

## **FOOTBALL ACTIVITY**

This section has been split into 3 parts: Before activity, during activity, after activity. Each part has been separated into different types of participants, for ease of use. Some of the information and guidance may repeat or re-enforce what has been said earlier in this document.

### ***BEFORE ANY FOOTBALL ACTIVITY***

#### ***Basics***

Clubs are obliged to be affiliated for 2020/21 season before any match play takes place. BFC is appropriately affiliated.

As stated above clubs must have a Covid-19 Officer who is responsible for **communicating all guidance** to players, parents, coaches and volunteers, and accordingly all such Interested Persons should have received an email or separate written correspondence attaching this guidance.

### ***Arrival at the Facility***

All Interested Persons **must check for Covid-19 symptoms before attending at any match or training session.**

Anyone asked to isolate by NHS Test and Trace must not exercise with others outside their home.

If an individual is symptomatic and/or living in a household with a possible Covid-19 infection they should remain at home and follow Government guidance. In addition, any participants who have been asked to isolate by NHS Test and Trace because they are a contact of a known Covid-19 case, must not exercise outside their home or garden and must not exercise with others

Notwithstanding the measures put in place at the Facility participants should be aware that there is bound to be increased risk associated with choosing to take part in football activity at the Facility.

**In any case everyone should comply with public health restrictions and avoid high-risk behaviour outside the football setting to reduce the risk to fellow participants and other attendees.**

Minimising face to face contact by not gathering at the Facility before or after any activity will reduce the risk of infection although participants and other Interested Parties should note the procedures for distancing and protection at the Facility and may wish to make use of the bar and catering facilities on that basis.

Although at this stage it is not compulsory to do so BFC strongly recommends that all Interested Persons wear face coverings whilst in attendance at the Facility, at all reasonable and practical times.

BFC officials will provide a copy of these BFC guidelines to opposition teams ahead of those teams visiting the Facility with instruction that the opposition team, coaches and officials must observe these guidelines whilst at the Facility.

Prior to entering the Facility opposition officials will be required to provide a "Nil Return COVID-19 Self-Assessment Check" confirmation which will confirm that all opposition visitors to the Facility have completed COVID-19 Self-Assessments on that day and have none of the symptoms.

When BFC teams visit opposition facilities a copy of the opposition's facility guidelines and risk assessment will be requested before travelling so that an assessment can be made by

coaches and, where they consider it appropriate, reference made to the BFC Officer for review and comment before visiting. **When in doubt BFC will not travel to opposition facilities.**

### ***Safety Briefing***

For matches, the Officer for each club is required to provide a **safety briefing stating code of behaviour** before each fixture. This briefing will remind both sets of players and officials about their responsibilities in complying with the **Code of Behaviour set out in Appendix 1** to this guidance.

### ***Changing rooms and showers***

In accordance with FA recommendations the use of facilities at the Facility for changing and showering should be strictly controlled. Regulations on the use of showers and changing rooms will be communicated to opposing teams prior to their arrival at the Facility and BFC participants will also be made aware of the strict requirements around use. Instructions and conditions for use will also be posted on the changing room doors. The same conditions for use will apply to use of officials changing rooms. Until further FA recommendations are issued, and BFC decides otherwise, changing rooms and showers will remain closed for under 18 and other junior football matches other than use where safety and safeguarding measures require such use e.g. to support players with disabilities, or when a child needs a change of clothing etc.

In any case, where such facilities are opened priority access will be given to the away team, and changing and showering must be carried out as quickly as possible.

BFC will also require that changing rooms are sanitised by a member of the coaching staff or other official from each team using equipment and cleaners to be provided by BFC.

### ***Toilets***

Will be opened before the match/training, during the match/training and for 30 mins after the match/training. Toilets will also be made available, subject to social distancing, in the bar area of the Facility.

Separate toilet facilities and arrangements will be made available for participants on match days and coaches and participants will be informed of the availability prior to arriving at the Facility.

### ***NHS Test and Trace***

BFC will support NHS test and trace efforts by collecting name and contact information of participants at both training and matches. This information will be stored for a minimum of 21 days in-line with the Government Recreational Team Sport Framework and collected/processed in accordance with the Data Protection Act 2018 and in line with GDPR principles. It will be used only for the purpose of NHS test and trace. Where information is shared with the NHS it will relate only to the match or training where the individual tested positive.

### ***Covid-19 Self Assessments***

All players, officials, volunteers and spectators must undergo a self-assessment for any Covid-19- symptoms prior to participation and attendance at the Facility. BFC intends to use an online method to achieve this, which can be easily accessed from a group link.

**No-one should leave home to participate in football if they, or someone they live with, has any of the following:**

- **A high temperature (above 37.8°C);**
- **A new, continuous cough;**
- **A loss of, or change to, their sense of smell or taste.**

A check on BFC players will be carried out by BFC coaching staff to ensure the self-assessment has been completed before each match and training session, and then recorded in risk assessments.

It is important to note that no training session will take place without this having been done.

Note that checks done by BFC coaches at the start of a session will be completed on arrival before the player mixes with others, so that if they have symptoms there is less chance of others being affected.

Should an individual have demonstrated any such symptoms, they must not, and will not be permitted to, participate. Instead they should follow NHS and PHE guidance on self-isolation. Anyone who has already been instructed to self-isolate by a health care practitioner or PHE should continue to follow this advice and may not participate.

**Everyone should comply with public health restrictions and avoid high-risk behaviour outside the football setting to reduce the risk to fellow participants and other attendees.**

## **Travel to training/matches**

All participants and other attendees (i.e. players, coaches, match officials, league officials, volunteers, parents/ carers, spectators, clubs and football facility providers) should follow best practice for travel, including minimising use of public transport. Participants should walk or cycle if possible.

People from a household or support bubble can travel together in a vehicle.

For away games BFC policy is to travel independently as above as far as possible. However if participants do have to travel with people outside their household or support bubble they should:

- Share the transport with the same people each time, so far as able to do so;
- Keep to small groups of people at any one time;
- Open windows for ventilation;
- Face away from each other;
- Clean the car between journeys using standard cleaning products – including door handles and other areas that people may touch;
- Ask the driver and all passengers to wear a face covering;
- Consider seating arrangements to maximise distance between people in the vehicle;
- Require regular hand sanitisation by passengers;
- Limit the time spent at garages, petrol stations and motorway services;
- Keep distance from other people and if possible, pay by contactless;
- Wash hands for at least 20 seconds or sanitise hands often, and always when exiting or re-entering the vehicle;
- When finishing the journey participants should wash their hands for at least 20 seconds or sanitise their hands as soon as possible.

**In all settings before and after the match or training session, all participants should practise social distancing.**

## ***Parents and carers***

Parents and carers will need to give written consent to BFC/a BFC coach for their son or daughter who is a junior player (under 18) to participate. Parents/carers must ensure they are comfortable with BFC's Covid-19 planning arrangements, including these guidelines before doing so.

Junior players may be anxious and should only resume football activity once they feel it is safe and right for them.

Players must arrive changed and ready to exercise.

Parents and carers must ensure their son or daughter takes their own water bottle and their own hand sanitiser, both clearly marked with their name. They must not share these with anyone else and this will be made clear to them by BFC coaches, but parents and carers should also do so.

Parents and carers are also requested to ensure children know how to maintain good hygiene and hand washing, and appreciate the need to observe social distancing.

### **Players with disability**

If participants have any disability or medical needs, they are requested to ensure that this has been raised and discussed specifically with BFC and a BFC coach in advance of training or a match. This is so that it can be agreed how/if these needs can be met within current Government Covid-19 and FA guidance.

## ***DURING ALL FOOTBALL ACTIVITY***

### ***Social distancing during competitive training/matches***

Outdoor competitive training is now able to take place in **groups of no more than 30** (including coaches).

### **In all breaks during matches and training sessions, all participants should practise social distancing.**

Any spectators at matches or training sessions (including parents and carers) must observe discrete **six-person gathering limits and spread out**, in line with wider government guidance. The Facility is large enough to enable spectators to effectively socially distance and observe such gathering limits even in bad weather as it has 2 large covered stands, and spectators are requested to behave responsibly in all cases to do so when attending at the Facility.

When sitting in the main stand, unless spectators are from the same household or support group they should strictly observe social distancing by leaving spare seats between each household or group.

***Other Covid-19 modifications during competition***

Payments relating to the fixture (match fees, referee fees or facility fees) - will where possible, be made in a cashless manner. The FA Matchday app allows affiliated teams using Full-Time to receive cashless payments from their players.

**No handshakes** - but players should sanitise hands before starting.

**No spitting or chewing gum** - due to the virus being transferred by water droplets.

Everyone should refrain from spitting. If there is a need to sneeze or cough, this should be into a tissue or upper sleeve and avoid touching the face. Any tissues should be disposed of into a sealed bin at the Facility as soon as possible.

**Team talks must be socially distanced** - and outdoors where possible. At this stage BFC intends that sections of its stands will be used to carry out team talks.

**Warm-ups and cool-downs** - must observe social distancing.

**Match preparation meetings** - by officials should be held by video call;

**Coaches and substitutes on the touchline must socially distance** - BFC will work with teams to achieve this on matchdays where weather is poor, including use of covered stand facilities for shelter. Participants are however strongly recommended to have their own warm water-proof clothing in the event that such touchline distancing in covered areas is not possible. Social distancing must be maintained when a substitution is being made.

Referees and coaches will encourage players to **get on with the game at free kicks/corners** (discourage prolonged setting up of walls, prevent lots of players being very close to each other for too long) so participants should be aware of that and show respect and observance accordingly.

**Goal celebrations** which are not socially distanced are strongly discouraged.

Players should **socially distance when interacting with match officials**.

Small Sided Games (SSGs) will, and youth football at the Facility may, have extra hygiene breaks during play.

**Goal posts** and corner flags should be wiped down before and after games and at half-time and BFC will be doing so.

**Technical area** BFC will provide seating outside of the dugout in order to provide adequate social distancing for substitutes and coaching staff.

### ***Social distancing during breaks***

All participants must remain socially distanced during breaks in play, with spaced areas for equipment and refreshment storage for each individual (including officials and substitutes).

Players and officials should also observe social distancing during sin-bin instances.

Water bottles or other refreshment containers should in no circumstances be shared.

### ***Other Covid-19 modifications during breaks***

The **sharing of equipment must be avoided** wherever possible. Where equipment is shared, equipment must be cleaned after each use and before use by another person.

Signage will be installed to help players to remember to undertake hygiene practices.

When the **ball goes out of play it should not be retrieved by non-participants** and should be retrieved using the feet rather than the hands where possible.

If the ball has been handled, for example throw-ins, then where there is a break in the game or in training, the **ball should be disinfected** using disinfectant provided at training and at matches.

Players and coaches should **avoid shouting** or raising their voices when facing each other during, before and after game. There is an additional risk of infection in close proximity situations where people are shouting or conversing loudly. This also applies indoors (e.g. inside the bar at the Facility) and generally, whenever face to face.

### ***Code of Behaviour***

In Appendix 1 you will find the Code of Behaviour produced by the FA to ensure a commitment for all involved to adhere to Covid-19 adaptations. The BFC Officer will also communicate the code of behaviour to all players, coaches and volunteers within the club.

Parents and carers of junior players, and all participants should understand that by engaging in football activity at the Facility for BFC they are opting in to participating in accordance with the Code of Behaviour.

### ***First aid***

First aiders at BFC will be required to ensure their qualifications are in date and refer to their respective educating body regarding extensions during the Covid-19 pandemic.



Injuries during play should still be treated as participant health and safety is of utmost importance.

Before and after contact with an injured participant, the person who is administering first aid for BFC will be required to clean their hands thoroughly with soap and water or alcohol hand sanitiser. The first aider will know that he or she should avoid touching their mouth, eyes and nose.

Anyone who is administering any form of treatment for BFC, will keep a record of each participant they have come into contact with for NHS Test and Trace purposes.

If a participant gets injured, a member of their household can assist if present and appropriate, but others (including match officials and teammates and coaches) must socially distance unless a life or limb-threatening injury necessitates compromising guidelines to provide emergency care.

If someone **develops symptoms during a session the BFC first aiders present:**

- will separate the player immediately from the wider group.
- determine if the player needs urgent medical attention and if so call for help (may include an ambulance) and manage any medical emergency as set out below, including correct use of Personal Protective Equipment (PPE). If they are a child they should be taken home, or to seek medical attention if required, by a member of their household waiting in the car, and follow government guidance for symptoms of Covid-19.
- If other players/coaches present have followed the social-distancing protocols, they need not follow any specific advice unless they develop symptoms. If they develop symptoms they would then need to isolate as per Government guidance.

First aiders, or other medical personnel present, on behalf of BFC, will be equipped with the appropriate PPE in case they need to compromise social distancing guidelines to provide medical assistance. See below.

What are the hazards?	Gloves	Apron	Fluid-resistant long-armed gown/coveralls	Fabric/cloth mask <sup>^</sup>	Fluid-resistant Surgical Face mask Type IIR	Filtering Face Piece Respirator 3 (FFP3) mask <sup>^^</sup>	Eye Protection Goggles/ Full face visor in addition to personal spectacles
	SINGLE USE*	SINGLE USE*	SESSIONAL USE**	SESSIONAL USE**	SESSIONAL USE**	SESSIONAL USE REUSABLE***	SESSIONAL USE REUSABLE***
<b>NON-MEDICAL SCENARIO</b> Where social distancing may be compromised <sup>7</sup> including at training	X	X	X	✓	X	X	X
<b>LEVEL 1</b> Where government-advised distancing may not be maintained at all times	X	X	X	X	✓	X	X
<b>LEVEL 2</b> Within 2m of player, which may include face to face contact for assessment and management of all individuals including those who are positive or symptomatic	✓	✓	X	X	✓	X	✓
<b>LEVEL 3/AGP</b> Aerosol-generating procedure (AGP or high potential for aerosol)	✓	X	✓	X	X	✓	✓

<sup>^</sup> 3 layers: 1st water absorbent cotton | 2nd filter layer | 3rd is water resistant<sup>16</sup>

<sup>^^</sup> Please be aware WHO<sup>16</sup> does recommend FFP2 mask as an alternative in FFP3. However FFP3 is included in this framework as this is in line with PHE

\* Single use: Equipment that must be changed after each contact

\*\* Sessional use: Worn for a period of time when undertaking duties in a specific clinical care setting/exposure environment; a session ends when the responder leaves this defined remit; however, it should be disposed of if it becomes moist, damaged or visibly soiled;

\*\*\* Reuseable equipment appropriately decontaminated to PHE standards that can be reused<sup>13</sup>.

In an emergency situation, where suitable PPE is not available, the responder will consider the potential risks to both themselves and the player and decide what level of care they feel is reasonable, or what level of care they are able to provide in the absence of PPE. This may include providing no assistance at all until the ambulance arrives or until appropriate PPE is made available.

In the event of dealing with sudden cardiac arrest it should be noted that rescue breaths will increase the risk of transmitting the COVID-19 virus and are not recommended when treating adults.

BFC has taken the position of putting safety first through risk mitigation, taking the view that PPE is required (**as a minimum: disposable gloves and apron** with a fluid-resistant surgical mask) for those with a duty to respond to a player.

## ***AFTER ALL FOOTBALL ACTIVITY***

### ***Players coaches and officials***

Hands should be washed as soon as possible, and personal equipment should be wiped down with disinfectant.

All BFC coaches are encouraged to maintain a record of the regular cleaning of club or team equipment that players use, and to review the risk assessments undertaken in between sessions, learning from any changes needed to be applied.

Unless absolutely necessary participants should take their kit home and wash it themselves or by family members. Post activity showers should be taken at home.

Where kit absolutely has to be shared or kept together (e.g. last-minute stand-in players, shortage of kit, or an essential club function), each person handling it must wash or sanitise their hands immediately after and appropriate cleaning arrangements for the kit must be made.

Anyone not intending to make use of the bar at the Facility is recommended to leave the Facility, as soon as possible, whilst ensuring social distancing is still observed as well as any Facility rules around exiting in an organised manner (one-way traffic systems, separate exit route, etc).

### **Important notice**

IMPLEMENTING BEST PRACTICE IN ORDER TO MAINTAIN THE WELLBEING AND SAFETY OF ALL VISITORS TO THE FACILITY is crucial to BFC. If anyone has any suggestions beyond the guidance in this document or otherwise provided at the Facility they are actively encouraged.

Positive encouragement and reinforcement of safe practice will be operated at the Facility, but those who are repeat offenders and those who totally disregard Government guidance will respectfully be requested to leave the premises. If necessary, BFC will report serious offenders to the police, who have been given powers to enforce Government measures.

## **APPENDIX 1**

### **CODE OF BEHAVIOUR**

Covid-19 is a highly infectious and dangerous disease. A resumption of contact play is only achievable if those involved create and maintain a controlled environment that minimises the threat of infection.

Risk in sport cannot be completely eradicated but with caution and care these risks can be reduced.

Each player will need to decide when to return to contact football, based on their own circumstances and the arrangements that have been put in place for a safe return.

This is particularly the case for players from BAME communities or those with underlying health conditions.

All those returning to competitive grassroots football must adopt the following code of behaviour:

- Be aware of your own personal health. If you show any of the Covid-19 symptoms you must stay at home, inform NHS Test and Trace and seek medical advice.
- Be responsible. Read guidance provided by The FA (see its website) and by BFC so that you are aware of the changes to the game and what is expected of you. This will include things like being prepared to wash your own kit, bringing your own labelled water bottle and being aware of changes to meet-up times.
- Practise good hygiene. Wash your hands regularly and before, during and after a game.
- Where possible maintain social distancing. This won't always be possible in a competitive match environment (for example when tackling an opponent) and that is acceptable.

However, before, and after a game you should maintain social distancing.

- Support NHS Test and Trace. You're likely to be asked to provide your details so that in the event of a Covid-19 outbreak those potentially infected can be traced. This is to everyone's benefit so please cooperate.
- Do not spit. Spitting and the rinsing out of mouths is now a recognised risk to health and must not be done. Avoid shouting or raising your voice if face to face with other players.
- After the game. Be aware that other users may be waiting to use the facilities. Changing rooms and showers will be open subject to strict use conditions for senior fixtures but will otherwise be closed until further notice and any socialising must follow the Government's guidance on social distancing.

## **Disclaimer**

**This guidance is for general information only and does not constitute advice, whether legal or medical. Nor it is a replacement for such. Nor does it replace any Government or PHE advice or provide any specific commentary or advice on health-related issues.**

**Therefore affected persons should, if they have any concerns or queries that they feel are not or cannot be satisfactorily answered by Burnham Football Club officials or coaches, ensure that they seek independent advice from medical practitioners, or healthcare providers, prior to attending at the Facility or taking part in any activity, as required. Legal advice may also be sought, as required and depending on relevant circumstances.**

**While efforts have been taken to ensure the accuracy of this information and its compliance with FA and Government guidance at the time of publication, the reader is strongly recommended to check relevant websites, in particular the Government website to obtain the most up-to-date information regarding social distancing and any other Government measures.**